



PRE-ARRIVALS NEWSLETTER

WELCOME TO CANTERBURY COLLEGE

JULY 2017

INSIDE:

VISIT NEW YORK

with the Model UN Club

CATS CANTERBURY FC NEEDS YOU!

Have your trainers at the ready...

JOIN A CLUB

Something for everyone, from basketball to baking



WELCOME TO CATS CANTERBURY

Hi! My name is Rebecca Hinton and I am the Sports and Activities Manager here at CATS Canterbury.

My aim is to ensure that you are offered a wide and varied choice of **sports and activities** whilst studying here at Canterbury. Even if there is a sport or activity that we do not offer as a college, I am always happy to source the correct information for you personally, whether it is sport related or even a hobby or musical instrument.

I am a big believer that as well as studying hard you also need a good work/life balance to ensure you stay **happy, healthy and focused** during your time here at CATS.

We also reward all students who participate in all curricular and non-curricular Activities. Every trip and Activity that you participate in gains House Points for your Boarding House – The House cup and a massive **House Party** is held for the winners!

So the more you get involved, the more points you will earn throughout the year towards your house. Who knows, you could be the student with the most points awarded in the whole college at the end of the year!

We have a vast array of **trips, activities and clubs** awaiting you for when you join us at Canterbury from charity events, theatre trips and Christmas markets to meditation club, running club, boxercise classes and our very own Cats FC and Cats UTD **5-a-side football teams**. Not only will this be great fun, but you will also get to meet new students as well.

I look forward to meeting you all soon and joining you in the adventures of CATS College!

YOUR FIRST WEEK

Once you have settled into your boarding houses over the weekend, and have met some of the Houseparents and fellow students, hopefully you will be well rested and prepared for your induction week at CATS.

I will introduce myself to you all on your first day and talk to you about some of the past activities and also the **trips** we have coming up and how you can sign up for them.

We will be hosting an **Activities Fayre** on the 14th September at lunchtime around the canteen and St Lawrence area. This is an opportunity to meet some of the staff that will be taking some of the **Clubs** and discuss what is entailed. You can also sign up for the clubs at this point. I will also be there to answer any questions that you may have and can sign you up for some of the upcoming trips that we have arranged throughout the year. This will be a fantastic opportunity to see what we have on offer.

- **Becky Hinton**





VISIT NEW YORK AND COLOGNE

Our model United Nations Club will be visiting the amazing city of **New York** for their annual Conference. This trip will be for Model UN Club members only. If you are interested please see Katerina Vackova.

The 2nd -3rd of December we will be traveling to Cologne to visit the beautiful Christmas markets.

Advent is the time for Christmas markets, and Cologne is no exception. the magic of Christmas will be felt throughout the festively decorated city. The aroma of **baked apples, cinnamon biscuits and mulled wine** will waft through the alleys, and many differently themed Christmas markets will invite people to stroll, shop and explore.

Cologne's Christmas markets attract millions of visitors from all over the world every year. You too can savour the unique atmosphere of this metropolis on the **Rhine** at this special time of year. You're sure to be enchanted.



Nikolausdorf

£455

The Christmas Market at Cologne



On **15th -18th February** we will be travelling to **Norway** to observe the spectacular **Northern Lights.**

The background image shows a bright green and blue aurora borealis (Northern Lights) in the night sky over a dark landscape.

Tromsø, a city in northern Norway, is a major cultural hub above the **Arctic Circle**. It's famed as a viewing point for colorful Northern Lights that sometimes light up the nighttime sky. The city's historic center, on the island of Tromsø, is distinguished by its centuries-old wooden houses. The **1965 Arctic Cathedral**, with its distinctive peaked roof and soaring stained-glass windows, dominates the skyline.

You will go on an evening **Husky tour** where you will observe the famous Aurora Borealis lights in the mountains by Dogsled as well as lots of **sightseeing and shopping**.

MAX
£1350

15-19 FEBRUARY
4 DAYS AND 3 NIGHTS



CATS FC and CATS UTD need YOU!

On Wednesday 13th September 6pm-8pm at the Spitfire ground we will be hosting some football trials for the football teams. If you would like to try out for the football teams then please make sure you have your trainers or Astro Turf boots at the ready as our coaches, Julio and Alan, will be putting you through your paces.

Our coaches will be looking at skill, ability, sportsmanship and how you work together in a team. You will be expected to play every Sunday evening and to represent the college in a local university league. You can also monitor how well the teams are doing in the league and you can also check out the opposing opposition on the football league website before you face them in the coming weeks.

Training every week is essential and will determine your place on the team for the match on the Sunday. You will be given regular feedback on your performance and our coaches are always available to answer any questions you may have.

DUKE OF EDINBURGH AWARDS



Get away from the rigours of school life...

The aim of the **Duke of Edinburgh Awards** is to help you develop into individuals who are able to work as part of a team and can plan projects. The awards enable you to work independently and build leadership qualities, confidence, and resilience, amongst many other transferable skills needed for university or the workplace.

For these reasons, the Duke of Edinburgh Awards are so **highly valued by employers** and universities across the UK that they can help to open the right doors

for you. In particular, independent reports indicate that the awards offer a distinct advantage over other students when applying to university and provide a very strong competitive edge.

Perhaps more importantly, you'll have a brilliant time taking part and perhaps **make new friends**. Many people say it has been one of the best things they have done and something they will always remember. You'll see the British countryside and get away from the rigours of school life, allowing you



to return refreshed and able to continue your studies with new energy. At CATS Canterbury, we run all three levels of award: Gold, Silver and Bronze, so there is **something for all levels of ability.**

Last year, we were able to help a disabled student gain his bronze award after his superb effort during his expedition.

As part of the award, you take part in expeditions and activities, which include volunteering, physical and the development of a skill.

We have a dedicated and talented

team of staff with plenty of experience to help you. They include a qualified Mountain Leader and a Lowland Leader.

Depending upon the level of award, you will go on a two-, three- or four-day expedition. The Gold expedition will be in the beautiful mountains of North Wales.

You can engage in activities such as **volunteering for charities**; working in hospital; helping other students learn languages; working on the school council. Past students have been members of College sports teams; they have become fit and lived a healthy lifestyle; learnt new languages; learnt to cook; learnt presentation and teaching skills.

We have planned our award as an integral component of our CAS and Activities programme. Duke of Edinburgh activities can be used as part of CAS, or vice versa. If you enjoy taking part in sports or want to **learn a new language** for example, this will contribute towards your Duke of Edinburgh, making it very easy to gain your award.

Come to CATS Canterbury for a wonderful adventure as a member of a Duke of Edinburgh team.

A TYPICAL WEEK OF CLUBS

at CATS Canterbury

MONDAY



Performing Arts
Young Enterprise
Student Investors

Craft Club
Sports Session
5-A-SIDE FOOTBALL, VOLLEYBALL, TABLE TENNIS, BADMINTON, BASKETBALL

TUESDAY



Global Leaders
Chess Club
Meditation Club

Craft Club
Running Club

WEDNESDAY



Music Club
Spanish Club
Science Club

Model UN
Sports Session
5-A-SIDE FOOTBALL, VOLLEYBALL, TABLE TENNIS, BADMINTON, BASKETBALL

THURSDAY



Duke of Edinburgh
Language Leadership
Science Club

Sports Session
5-A-SIDE FOOTBALL, VOLLEYBALL, TABLE TENNIS, BADMINTON, BASKETBALL

FRIDAY - SUNDAY



French Club
Culinary Club
Global Café

5-a-side Football
Fit 4 Less Gym*

*RUNS ALL WEEK: GYM MEMBERSHIP
AVAILABLE FOR £20 PER MONTH

EXCURSIONS AND ACTIVITIES

2017-18



- Thorpe Park
- Barbecues
- CATS Bake Off
- Duke of Edinburgh
- The Lion King
- Football Tournament
- Hallowe'en fun
- Ice Skating
- Paintballing

Preparing you for university success

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teach the unreached