



•CAMBRIDGE•

2017



PreArrival Activities Newsletter

**CATS CAMBRIDGE**

# Welcome

Hi! My name is Carolyn Jupp. I am the Sports & Activities Manager here at CATS Cambridge. I am an American and have lived overseas for the past 25 years. I have a BA in Health Physical Education and Recreation, a Masters in Education, I'm a Level 3 Basketball Coach and I've worked with the five School Sport Partnerships in Cambridgeshire in a variety of roles. I tell you all these experiences so that you know I have a wide network of colleagues to call upon as we develop our programme for you.



Make sure you say hello to me during Arrivals Weekend and also to my team: Shane, who teaches PE to GCSE/PP students ([Don't forget your trainers!](#)), and Jack, the Activities Assistant, who is in charge of all activities that happen at Elizabeth House.

We have been busy this summer preparing for your arrival and the amazing events and activities on offer this year for you to experience. Take advantage of everything. Don't just sit in your room!!! Have a wonderful year in Cambridge!

**International Day** is during first term, on **November 10**. Don't forget to bring a traditional costume or maybe a recipe for authentic food.

**New** to CATS this year is our **Winter Ball on December 3**. All students are invited to attend. Tickets will be available once term starts. And our **Football Camp during October Half Term** will be offered by Norwich Football Club.



# Arrivals Weekend

**On Saturday September 2 and Sunday September 3, ALL students are expected to arrive at college.**

Once you arrive to our amazing campus, you will notice a huge white marquee on the lawn. That's where my Sports & Activities team will be situated. We are waiting to welcome you and talk to you about the clubs we offer, the events we have planned and our upcoming trips to hot spots in Europe and beyond, all of which you will want to take part in. Videos will be playing to give you a visual look at programme's from last year.

This preview will enable you to register your interest in '**THE BOOK**' during the Activities Fair as part of Induction Week. Clubs start the week beginning **September 11**.

The next time you will see me is Tuesday or Wednesday. I am one of the speakers you will visit to get a more detailed explanation of what is on offer. Make sure you fill in our Activity Survey so we know where your interests are.



# SPORTS DAY

As Induction Week comes to an end, you and your PT group will participate in our Whole School Sports Day.

**SPORTS DAY** is back! Every year on the first Thursday of term, we travel to the Cambridge University Track where we hold our annual Sports Day of team building activities and head to head sporting competitions.

Coaches depart from Elizabeth House at 08.30. Be sure to have appropriate clothing and trainers for the highlight event of the year. The catering team will arrive to serve us lunch and water bottles will be provided.

I am very excited let you know that this year a Rodeo Bull and Gladiator Joust will be included as one of our 20 team building activities. As well I am adding Dodgeball and KickGolf to our list of competitions.

Talk to those that participated last year. This is the best day of term!



Football is just one of the activities featured at our Sports Day.

# Sport and Activity Clubs



This year, students are offered over **50 sport & activity clubs** on a weekly basis. These clubs are **FREE** to all CATS Cambridge students.

Some clubs are led by our teachers and coaches, and some by partnering with local community clubs. For those with a special interest outside what we offer, we can help to put you in contact with local clubs.

Competition is still very much a part of our programme. We have joined the Cambridge & District Secondary Schools Association to offer competitions to our GCSE/Pre Programme students in sports such as Football, Basketball, Badminton, Table Tennis and Dodgeball. As well, the U18s football team is in the University Football League. This year we are excited to welcome the Norwich Football Club, who will be helping us to establish a Girls' Football team and offer a Football Camp over October Half Term. The Basketball team will be playing fixtures against other International Schools in Cambridge.

# Events

## What's On?



Students! You are never without something to do, whether on campus or in and around Cambridge. Events for the Autumn term include: Disco, Punting, Bowling, Chariots of Fire Relay race, Cambridge Uni Tour, Debating Competitions, Ghost Tour, Paintballing, Robotics Conference, ParkRun 5K, Thetford Forest Go Ape, Guy Fawkes Bonfire Night, Norwich Football Game, IceSkating, Winter Ball, CATS Got Talent and the Christmas Lights Switch On. Be sure to check out "**THE WALL**" to see everything on offer.



## Special Events



Making friendships is always a bit difficult in new places so each year we send our GCSE/ PreProgramme students off on a team building activity. **Graham Water** is the destination for **September 22**. Have a great time with activities such as crate stacking,

archery, catapult building and the Graham Challenge. In October we sponsor a **Business Challenge Day** for the UFP students and one for the KS4 students.

## International Day



Be sure to bring to college a traditional costume for our annual International Day on November 10 and a talent for CATS Got Talent which follows the festivities.

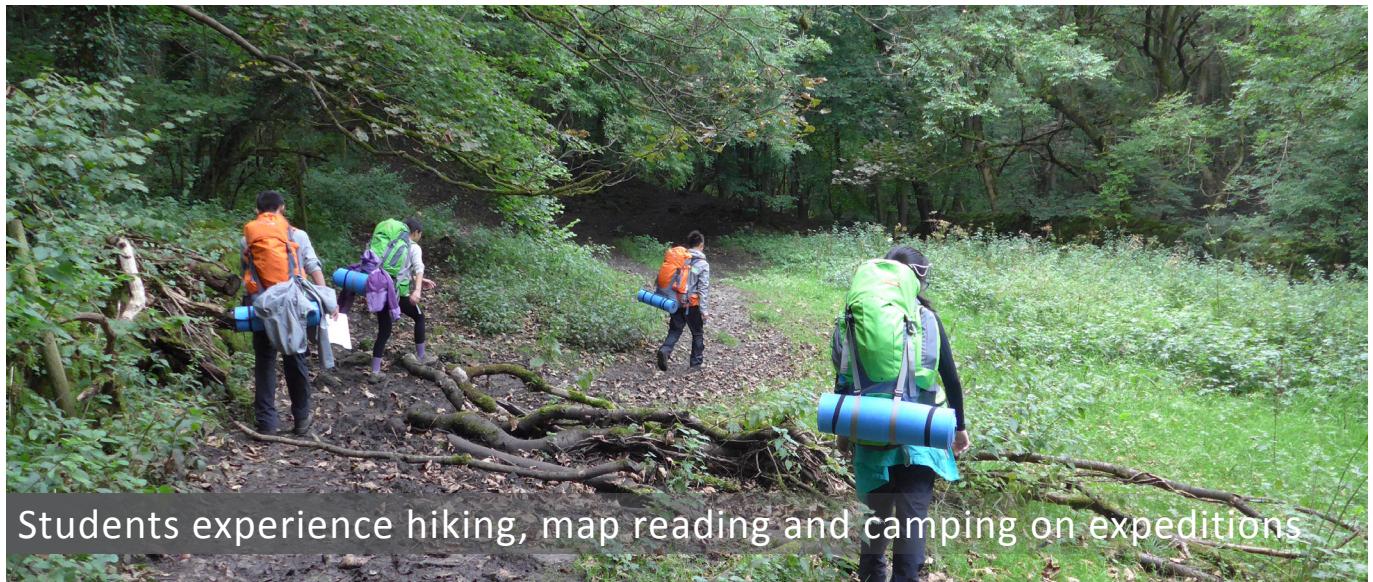
# Duke of Edinburgh

## The Award



The Duke of Edinburgh Award is a life-changing experience for our students. They discover hidden talents, broaden their life experiences and make lasting friendships along the way. As well, this award is well regarded amongst universities and employers in the UK.

To achieve either the Bronze or Silver Award, students must go on a Practice and Assessed expedition, participate in physical activities, develop a skill in their personal life and volunteer for a charity or fundraising projects. Last year 10 students participated in the Silver Award and 28 in the Bronze. Interested students will have to make a decision early as the programme starts soon.



Students experience hiking, map reading and camping on expeditions

## Dates for your Calendar

We start our season with a **Training Day on the September 16** at Milton Country Park where both Silver & Bronze award students will work together on the elements they will need to know for the Expeditions.

Expeditions for the Silvers will be to the **Cotswolds & Peak District** this year while the Bronze award students will be in **Shropshire & Chiltern Hills**. The first expedition is the **weekend of the September 22**. A kit list will be provided but you will need a waterproof jacket , trousers and hiking boots.

# Overseas Trips

## Europe and Beyond

If you are interested in joining one of our overseas trips this year, be sure to register early as the deadlines are **one month prior** to each trip. See Carolyn, places are limited!

The Model United Nations Club will travel to **Athens, Greece** for their annual conference. This trip is for club members ONLY.

At October Half Term we will travel to **Barcelona, Spain**. Our Spanish teacher Ana is going with us on this trip to introduce us to the customs, culture, language and most importantly the food of Spain. Half Term trips are always popular so sign up by the 4th of October.

On the last weekend of November we journey to **Berlin, Germany** where we tour the city by day and visit the Christmas Markets by night.

During February Half Term, we have two trips; one to **Paris, France** and the other to **Kham Pouk, Cambodia**. For the past 18 months the college has been raising money to build a school in Cambodia. We are so excited that we are only £2,000 away from our agreed goal. After a tour of Phnom Penh, we will visit our school, taking teaching supplies and other goodies.

In the first week of Easter holidays we will travel to **Edinburgh, Scotland** to see the sites of this medieval town. We will visit Edinburgh University, which has become one of the world's leading research universities. Also, looming over this city is the Edinburgh Castle which is home to Scotland's crown jewels and the Stone of Destiny.

**Athens, Greece**

October 18-22

£TBC



**Barcelona, Spain**

October 23 - 26

£550



**Berlin, Germany**

November 24 - 26

£500



**Cambodia**

February 10 - 17

£TBC



**Paris, France**

February 13 - 15

£550



**Scotland**

April 3 - 5

£550

Register your interest in the Activities Office or email

[activities@catscambridge.com](mailto:activities@catscambridge.com)

# United World Schools

CATS Cambridge is proud to support UWS, a charity creating educational opportunities for children living in the world's poorest regions. Their global mission is to help reach children that do not receive even the most basic education.



UWS believes that every child deserves the chance to go to school. Simply teaching children to read, write and count equips them with the necessary skills to break cycles of poverty. In the past 7 years, UWS has built 70 schools, giving thousands of children the opportunity to go to school for the first time.

Since January 2016, CATS students have helped to raise £5800. We must reach £7800 to enable UWS to open a new school in **Kham Pouk, Cambodia** in our name. Throughout the college year there will be fundraising events to support this cause and there are donation boxes on the walls near the admin offices. Any further donations from you would be gratefully received. As well, we will be **visiting this school from February 10-17**. It will be a life changing trip.

Register your interest to go with Carolyn.



Take part and fundraise for our schools in Cambodia.



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